



**HUMAN RESOURCES OFFICE
TECHNICIAN / AGR ADMINISTRATIVE INSTRUCTION**

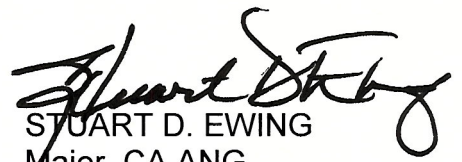
Number: 10-54

15 October 2010

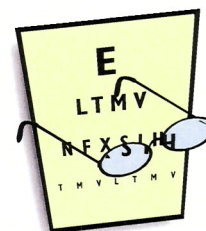
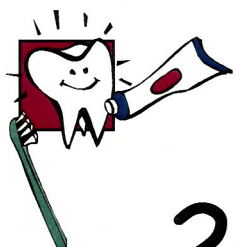
**2010 FEDERAL TECHNICIAN BENEFITS OPEN SEASON
JOINT FORCE HEADQUARTERS HEALTH FAIR**

EXPIRES 5 NOVEMBER 2010

1. The 2010 Federal Benefits Open Season is 8 November to 13 December 2010. Benefit programs include the Federal Employee Health Benefits (FEHB); Federal Employee Dental and Vision Insurance Program (FEDVIP); and the Federal Flexible Spending Account (FSAFEDS).
2. The Human Resource Office will host a health fair at the Joint Force Headquarters (JFHQ) cafeteria on Thursday 4 November 2010, from 1000 – 1400 hours. Federal Technicians and their spouses interested in learning more information are encouraged to attend.
3. Representatives from various health insurance providers will be present to answer questions regarding their respective programs. Some of the companies represented may include Aetna, Anthem Blue Cross, Blue Cross/Blue Shield, Government Employee Health Association (GEHA), Kaiser Permanente, and the Mail Handlers Benefit Plan.
4. Information will also be available for FEDVIP providers; FSAFEDS; Employee Assistance Program (EAP); Federal Long Term Care Insurance Program (FLTCIP); National Association of Retired Federal Employees (NARFE); National Guard Association of the United States (NGAUS); and updating your election in the Employee Benefits Information System (EBIS).
5. The POC for questions is MSgt Howard Bentley at commercial (916) 854-3636, DSN 466-3636, CAGNET 6-3636, or email at howard.f.bentley@us.army.mil.


STUART D. EWING
Major, CA ANG
Director for Human Resources

DISTRIBUTION:
JFHQ



2010 Health Fair

For Federal Technicians

Federal Employees Health Benefits Program (FEHBP)
Federal Employees Dental and Vision Insurance Program (FEDVIP)
Flexible Spending Account Program (FSAFEDS)



Cafeteria

Thursday

4 Nov 2010

1000 - 1400

Open Season
8 Nov - 13 Dec

Open Season
8 Nov - 13 Dec

Vendors:

AETNA
Health Net

Anthem
Kaiser

BC/BS
Mail Handlers

GEHA
NARFE



Information will be available on:
Updating EBIS FSA EAP
FEDVIP Long Term Care



**All FEHB eligible Federal Technicians and/or their Family Members
are encouraged to attend!**

POC: MSgt Howard Bentley, Human Resources Specialist,
Human Resources Office At 6-3636 or Room 204